

# DAILY BUDDHIST CHANTING



20<sup>TH</sup> INTERNATIONAL TIPITAKA  
CHANTING CEREMONY  
BODHGAYA, INDIA







*Venerable Acharya Buddharakkhita*  
*Birth Centenary celebration Publication Series - 67*

# **EVERYDAY BUDDHIST CHANTING**

A constant companion for  
cultivating mind and peace in life

Translated by  
**Venerable Acharya Buddharakkhita Mahathera**  
Abhidhaja Aggamaha Saddhammajotika, Ph.d, D.Lit



**Buddha Vachana Trust**  
Maha Bodhi Society  
Bangalore, INDIA

# EVERYDAY BUDDHIST CHANTING

*Published by*

Buddha Vachana Trust

Maha Bodhi Society

14<sup>th</sup> Kalidasa Road, Gandhinagar

Bangalore-560009, India

Tel: 080 41148440

E-mail: [bvtbooks@gmail.com](mailto:bvtbooks@gmail.com)

Web: [www.mahabodhi.info](http://www.mahabodhi.info)

© Buddha Vachana Trust

All rights reserved © 2023

First Edition - 2021

Second Edition - 2023

Third Edition - May 2024

Rs. 60.00

Printed at:

Lakshmi Creations

No. 6/1, 3rd Cross, M M Lane,

Cottonpet Bengaluru - 560053

Ph: 41116613, Mob: 9739856236



# INTRODUCTION

Religion and devotion are interactive, and this is as true of Buddhism as of any other faith. Buddhism, being essentially rational in approach, does not encourage exuberant display of piety; sobriety characterizes its devotional approach. For this reason Theravāda Buddhism is alleged by some to be dry, intellectual and devoid of higher emotional content. There may be some truth in this allegation, as regards those people who limit themselves to an intellectual study, acceptance and appreciation of Dhamma without applying it to their everyday lives.

For the true follower of Theravāda, however, devotion is an indispensable aid on the way to Deliverance. For him the very word 'Buddha' can produce a deep emotional upsurge and rapture. Yet he is fully aware that devotion equated with emotion is harmful and leads to over-sensitivity, fanaticism and blind faith.

The concept of devotion in Theravāda Buddhism is distinctly different from that of religions placing emphasis on emotion alone. Accompanied by insight, the act of devotion is a spiritual exercise aimed at development of several faculties – the rational, emotional and volitional. As a culture of mind, it sets afoot the harmonious development of the mental faculties, bringing about the integration required for attainment of Nibbāna. It is, in effect the orchestration of various mental powers and spiritual faculties, reaching its crescendo with the Supermundane.

In practice the act of devotion expresses aspiration for an ideal of perfection and purity, attainable through self-control, discipline and mental development. At first it may seem a rather insignificant step in the progression towards such a

lofty goal. However a series of such devotional acts has a cumulative effect. It creates a habitual frame of mind, marked by well-balanced mental faculties and steady spiritual progress, culminating in transformation of consciousness.

The manual is intended as a practical aid to the practising Buddhist. If it helps in generating a sense of commitment to Truth, as symbolised by the Three Refuges, our loving labour in its preparation will be amply rewarded.

May all beings be happy!

**Venerable Acharya Buddharakkhita**  
Maha Bodhi Society, Bangalore

## CONTENTS

1. Vandanā - Homage	2
2. Khamāpanā - Self-correction	2
3. Sīla Yācanā - Request for the precepts	2
4. Tisaraṇa - The Threefold refuge	4
5. Pañca Sīlaṃ - The five precepts	4
6. Buddha Vandanā Worshiping the Buddha	6
7. Dhamma Vandanā Worshiping the Noble Teaching	8
8. Saṅgha Vandanā Worshiping the Holy Order	8
9. Ratanattaya Balaṃ The power of the Triple Gem	10
10. Padīpa Pūjā - Offering Lights	10
11. Dhūpa Pūjā - Offering Incense	10
12. Puppha Pūjā - Offering of Flowers	12
13. Sakala-Buddha Pūjā Worshiping all Buddhas	12
14. Paṭipatti Pūjā Worship as an earnest practice of Dhamma	12
15. Cetiya Vandanā Worshiping the Cetiya	14

16. Bodhi Vandanā	
Worshiping the Tree of Enlightenment	14
17. Paritta Pāṭha - Protective Chanting	14
<b>18. Paritta Suttas:</b>	
1. Karaṇīya Mettā Sutta	16
2. Mahāmaṅgala Sutta	20
3. Ratana Sutta	24
4. Jayamaṅgala Gāthā	32
5. Mahājayamaṅgala Gāthā	36
6. Mora Paritta	40
7. Aṭṭhavīsati Buddha Vandanā	42
8. Narasīha Gāthā	46
9. Navaguna Buddhanussati Gāthā	50
19. Sacca Vajjam - Truth Assertion	54
20. Puññānumodanā - Sharing Merit	56
21. Tiratana tejam	
The Glory of the Triple Gem	58
22. Saṅkappo - Aspiration	60
23. Ācariya Pūjā	60

## PĀLI ALPHABET

Vowels	: a, ā, i, ī, u, ū, e, o.
Consonants	: ka, kha, ga, gha, ña. ca, cha, ja, jha, ña. ṭa, ṭha, ḍa, ḍha, ṇa. ta, tha, da, dha, na. pa, pha, ba, bha, ma. ya, ra, la, va. sa, ha, ḷa, am̐.

### Mode of Pronunciation:

a as u in cut	ḍh as dh in dhow
ā as a in mart	ṇa as n in nut
i as i in king	ta as t in tamasha
ī as ee in eel	tha as th in thunder
u as u in put	da as th in that
ū as u in rule	dha as dh in dhamma
e as e in ethics	na as n in name
o as o in over	pa as p in pub
ka as k in key	pha as ph in phantom
kha as kh in khaki	ba as b in ball
ga as g in good	bha as bh in bhārat
gha as gh in ghost	ma as m in mother
ña as n in ankle	ya as y in yard
ca as ch in cheer	ra as r in rat
cha as tch in kutch	la as l in luck
ja as j in just	va as v in victory
jha as jh in jhansi	sa as s in sun
ña as ñ in señoꝛ	ha as h in hat
ṭa as t in cat	ḷa as l in lame
ṭha as th in laṭhi	am̐ as ung in unguent
ḍ as d in day	





# **EVERYDAY BUDDHIST CHANTING**

## 1. Vandana

*Namo Tassa Bhagavato Arahato Sammā  
Sambuddhassa! (3 times)*

*Buddhaṃ vandāmi, Dhammaṃ vandāmi, Sanghaṃ  
vandāmi, ahaṃ vandāmi sabbadā. (Salutation)*

*Dutiyampi Buddhaṃ vandāmi, Dhammaṃ vandāmi,  
Sanghaṃ vandāmi, ahaṃ vandāmi sabbadā.  
(Salutation)*

*Tatiyampi Buddhaṃ vandāmi, Dhammaṃ vandāmi,  
Sanghaṃ vandāmi, ahaṃ vandāmi sabbadā.  
(Salutation)*

## 2. Khamāpanā

*Okāsa! Vandāmi bhante, Dvārattayena kataṃ sabbam  
aparādham Khamatha me Bhante!*

*Dutiyampi Okāsa! Vandāmi bhante, Dvārattayena  
kataṃ sabbam aparādham khamatha me bhante!*

*Tatiyampi Okāsa! Vandāmi bhante, Dvārattayena kataṃ sabbam  
aparādham khamatha me bhante! Anukampaṃ upādāya!*

## 3. Sīla Yācanā - Request for the precepts

*Devotee: Okāsa! Ahaṃ Bhante, Tisaraṇena saddhim  
Pañcasīlam Dhammaṃ yācāmi; anuggahaṃ katvā  
sīlam detha me Bhante!*

*Dutiyampi Okāsa! Ahaṃ Bhante, Tisaraṇena saddhim  
Pañcasīlam Dhammaṃ yācāmi; anuggahaṃ katvā  
sīlam detha me Bhante!*

*Tatiyampi Okāsa! Ahaṃ Bhante, Tisaraṇena saddhim  
Pañcasīlam Dhammaṃ yācāmi; anuggahaṃ katvā  
sīlam detha me Bhante! Anukampaṃ upādāya!*

*Bhikkhu: Yamahaṃ vadāmi taṃ vadetha.*

*Upāsaka: Āma Bhante.*

## **1. Homage**

Homage to him, The Blessed One, The Perfect One, The Supremely Enlightened One!

Homage to the Buddha, homage to the Dhamma, homage to the Sangha. I pay homage always.

For the second time, homage to the Buddha, homage to the Dhamma, homage to the Sangha. I pay homage always.

For the third time, homage to the Buddha, homage to the Dhamma, homage to the Sangha. I pay homage always.

## **2. Self-correction**

Excuse me! Venerable Sir, pardon all my transgressions by the three action-doors (bodily, verbal and mental).

For the second time, Venerable Sir, pardon all my transgressions by the three action-doors.

For the third time, Venerable Sir, pardon all my transgressions by the three action-doors. Out of compassion please sir.

## **3. Request for the Precepts**

Excuse me! Venerable Sir, I seek from your reverence, the Threefold Refuge, together with the five precepts of the Noble Teaching; Kindly give me the precepts.

For the second time, Venerable Sir, I seek from your reverence, the Threefold Refuge, together with the five precepts of the Noble Teaching; Kindly give me the precepts.

For the third time, Venerable Sir, I seek from your reverence, the Threefold Refuge, together with the five precepts of the Noble Teaching; Kindly give me the precepts.

Monk: Repeat what I say.

Devotee: Yes, Venerable Sir.

#### 4. Tisaraṇa

*(Monk recites, devotee repeats)*

*Namo tassa Bhagavato Arahato Sammā  
Sambuddhassa! (3 times)*

*Buddhaṃ Saraṇaṃ Gacchāmi*

*Dhammaṃ Saraṇaṃ Gacchāmi*

*Saṅghaṃ Saraṇaṃ Gacchāmi*

*Dutiyampi Buddhaṃ Saraṇaṃ Gacchāmi*

*Dutiyampi Dhammaṃ Saraṇaṃ Gacchāmi*

*Dutiyampi Saṅghaṃ Saraṇaṃ Gacchāmi*

*Tatīyampi Buddhaṃ Saraṇaṃ Gacchāmi*

*Tatīyampi Dhammaṃ Saraṇaṃ Gacchāmi*

*Tatīyampi Saṅghaṃ Saraṇaṃ Gacchāmi*

*Bhikkhu: Tisaraṇagamanam paripunnam*

*Upāsaka: Āma, Bhante.*

#### 5. Pañca Sīlaṃ

1. *Pānātipātā Veramanī Sikkhāpadaṃ Samādiyāmi.*
2. *Adinnādānā Veramanī Sikkhāpadaṃ Samādiyāmi.*
3. *Kāmesumicchācārā Veramanī Sikkhāpadaṃ Samādiyāmi.*
4. *Musāvādā Veramanī Sikkhāpadaṃ Samādiyāmi.*

#### **4. The Threefold Refuge**

*(Monk recites, devotee repeats)*

Homage to Him, the Blessed One, The Perfect One, The  
Supremely Enlightened One! (3 times)

I go for refuge to the Enlightened One.

I go for refuge to the Teaching of the Enlightened One.

I go for refuge to the Holy Order of Enlightened One's Noble  
Disciples.

For the second time, I go for refuge to the Enlightened One.

For the second time, I go for refuge to the Teaching of the  
Enlightened One.

For the second time, I go for refuge to the Holy Order of  
Enlightened One's Noble Disciples.

For the third time, I go for refuge to the Enlightened One.

For the third time, I go for refuge to the Teaching of the  
Enlightened One.

For the third time, I go for refuge to the Holy Order of  
Enlightened One's Noble Disciples.

Monk: Going for (Commitment to) the Threefold Refuge  
is now completed.

Devotee: Yes, Venerable Sir.

#### **5. The Five Precepts**

1. I (voluntarily) undertake the precept of abstaining from killing.
2. I (voluntarily) undertake the precept of abstaining from stealing.
3. I (voluntarily) undertake the precept of abstaining from sexual misconduct.
4. I (voluntarily) undertake the precept of abstaining from lying.

5. *Sūra-meraya-majja-pamādaṭṭhānā Veramanī  
Sikkhāpadam Samādiyāmi.*

*Bhikkhu: Tisaraṇena saddhim pañcasīlam dhammam  
sādhukam surakkhitam katvā appamādena sampādetha!*

*Upāsaka: Āma Bhante.*

### *Salutation Three Times*

6. **Buddha Vandanā**

*Namo Tassa Bhagavato Arahato Sammā  
Sambuddhassa! (3 times)*

1. *Iti'pi so Bhagavā, Arahāṃ, Sammā Sambuddho,  
Vijjācaraṇasampanno, Sugato, Lokavidu, Anuttaro  
Purisadammasārathī, Satthā Devamanussānaṃ, Buddho,  
Bhagavā ti.*
  2. *Namo tassa Sammā Sambuddhassa!*
  3. *Ye ca Buddhā atītā ca,  
Ye ca Buddhā anāgatā,  
Paccuppanā ca ye Buddhā  
Ahaṃ vandāmi sabbadā*
  4. *Natthi me saraṇaṃ aññaṃ  
Buddho me saraṇaṃ varaṃ  
Etena saccavajjena,  
Hotu me jayamangalam*
  5. *Uttamaṅgena vandehaṃ  
Pādapaṃsu varuttamaṃ  
Buddhe yo khalito doso,  
Buddho khamatu taṃ mamaṃ*
  6. *Buddham yāva nibbānapariyantam  
Saraṇaṃ gacchāmi. (Salutation)*
-

5. I (voluntarily) undertake the precept of abstaining from liquor, alcoholic drinks, or intoxicants that cause heedlessness.  
Monk: Having guarded well (the commitment to) the Threefold Refuge together with the Five Precepts of the Noble Teaching, work out (spiritual perfection) with diligence.

Devotee: Yes, Venerable Sir.

## **6. Worshipping the Buddha**

Homage to him, The Blessed One, The Perfect One, The Supremely Enlightened One!

1. Thus, indeed, is the Blessed One: He is the Perfect One, the Supremely Enlightened One, the Embodiment of Wisdom and Virtue, the Sublime One; the Knower of (all) Realms, the Incomparable Tamer of Individuals, the Supreme Master of Gods and Men, the Enlightener and the Blessed Lord.
2. My reverential salutation to Him, the Supremely Enlightened One!
3. The Enlightened Ones of the past (aeon),  
The Enlightened Ones of the future (aeon),  
The Enlightened Ones of the present (aeon),  
Humbly ever do I worship.
4. There is no other Refuge for me,  
The Enlightened One is my Supreme Refuge,  
By this avowal of Truth,  
May joyous victory be mine!
5. With my brow do I worship the sacred dust,  
Of the holy feet of the Most Exalted One.  
Regarding the Enlightened One if I have erred in any way,  
May my error the Blessed Lord deign forgive,
6. I go to the Enlightened One for Refuge,  
Till deliverance is attained.

## 7. Dhamma Vandanā

1. *Svākkhāto Bhagavatā Dhammo, sandiṭṭhiko, Akāliko,  
ehiṇṇiko, opanayiko, paccattaṃ veditabbo viññūhī'ti.*
2. *Namo tassa niyyānikassa Dhammassa!*
3. *Ye ca Dhammā atītā ca,  
Ye ca Dhammā anāgatā  
Paccuppannā ca ye Dhammā,  
Ahaṃ vandāmi sabbadā*
4. *Natthi me saraṇaṃ aññaṃ  
Dhammo me saraṇaṃ varaṃ  
Etena saccavajjena,  
Hotu me jayamaṅgalaṃ*
5. *Uttamaṅgena vandehaṃ  
Dhammañca tividhaṃ varaṃ  
Dhamme yo khalito doso,  
Dhammo khamatu taṃ mamaṃ*
6. *Dhammaṃ yāva nibbānapariyantam  
Saraṇaṃ gacchāmi.  
(Salutation)*

## 8. Saṅgha Vandanā

1. *Supaṭiṇaṇṇo Bhagavato Sāvakaṅgho,  
Ujupaṭiṇaṇṇo Bhagavato Sāvakaṅgho,  
ñāyapaṭiṇaṇṇo Bhagavato Sāvakaṅgho,  
Sāmīcipaṭiṇaṇṇo Bhagavato Sāvakaṅgho,  
Yadidaṃ cattāri purisayugāni aṭṭhapurisaṅgalaṃ  
Esa Bhagavato Sāvakaṅgho;*

## **7. Worshipping the Noble Teaching**

1. The Teaching is perfectly enunciated by the Blessed One; it is verifiable here and now, and bears immediate fruit; it invites all to test for themselves, leads one onward to Nibbāna and is to be experienced by the wise for himself.
2. Reverential salutation to the Noble Teaching, leading onward to deliverance.
3. The Noble Teachings of the past (Buddhas),  
The Noble Teachings of the future (Buddhas),  
The Noble Teachings of the Buddhas of present (aeon),  
Humbly ever do I worship.
4. There is no other Refuge for me.  
The Noble Teaching is my Supreme Refuge,  
By this avowal of Truth,  
May joyous victory be mine!
5. With my brow do I worship the most excellent threefold Teaching.  
Regarding the Teaching if I have erred in any way,  
May my error the mighty Dhamma deign forgive.
6. I go to the Sacred Teaching for Refuge,  
Till deliverance is attained.

## **8. Worshipping the Holy Order**

1. The Holy Order of the Blessed One's Noble Disciples  
Is firmly established on the Right Path,  
The Holy Order of the Blessed One's Noble Disciples  
Is firmly established on the Direct Path,  
The Holy Order of the Blessed One's Noble Disciples  
Is firmly established on the Just Path,  
The Holy Order of the Blessed One's Noble Disciples Is  
firmly established on the Proper Path.  
That is, the four pairs of persons, the eight Holy Individuals,  
Constituting this Holy Order of Blessed One's Noble Disciples;

*Āhuneyyo, pāhuneyyo, dakkhineyyo, añjalikaranīyo,  
Anuttaram puññakkhettaṃ lokassā'ti,*

2. *Namo tassa aṭṭha Ariyapuggala mahāsaṅghassa!*
3. *Ye ca Saṅghā atītā ca, Ye ca Saṅghā anāgatā,  
Paccuppannā ca ye Saṅghā, Ahaṃ vandāmi sabbadā.*
4. *Natthi me saraṇaṃ aññaṃ, Saṅgho me saraṇaṃ varaṃ,  
Etena saccavajjena, Hotu me jayamaṅgalaṃ.*
5. *Uttamaṅgena vandehaṃ, Saṅghañcatividhuttamaṃ,  
Saṅghe yo khalito doso, Saṅgho khamatu taṃ mamaṃ;*
6. *Saṅghaṃ yāva nibbānapariyantaṃ,  
Saraṇaṃ gacchāmi.*

*(Salutation)*

9. **Ratanattaya Balaṃ**  
*Evaṃ Buddhaṃ sarantānaṃ  
Dhammaṃ Saṅghaṅca bhikhavo,  
Bhayaṃ vā chambhitattaṃ vā  
lomahaṃso na hessati.*

10. **Padīpa Pūjā**  
*Ghaṇasārappadittena  
dīpena tamadhamsinā,  
Tilokadīpaṃ Sambuddhaṃ  
pūjayāmi tamonudam.*

11. **Dhūpa Pūjā**  
*Gandhasambhārayuttena  
dhūpenāhaṃ sugandhinā  
Pūjaye pujaṇīyantaṃ  
pūjā bhājana muttamaṃ.*

Which is worthy of honour, of hospitality, of offerings, of reverential salutation, and is the Incomparable field of merit for the world.

Reverential salutation to the Holy Order of the Eight types of exalted Saints.

2. The Holy Orders of the Noble Disciples of past (Buddhas),
3. The Holy Orders of the Noble Disciples of future (Buddhas),  
The Holy Orders of the Noble Disciples of Buddhas of present (aeon),  
Humbly ever do I worship.
4. There is no other Refuge for me,  
The Holy Order of Buddha's Noble Disciples is my Supreme Refuge,  
By this avowal of Truth, May joyous victory be mine!
5. With my brow do I worship the Holy Order  
Pre-eminent in three levels (of Supermundane accomplishments)  
Regarding the Holy Order if I have erred in any way,  
May my error the (mighty) Holy Order deign forgive.
6. I go to the Holy Order for Refuge, Till deliverance is attained.

## **9. The Power of the Triple Gem**

Fear, trepidation and hair-raising terror will never arise in them who reflect thus on the excellences of the Enlightened One, His Teaching and His Holy Order of Noble Disciples.

## **10. Offering Lights**

With this brightly burning, intensive light, dispelling darkness, do I worship the Supremely Enlightened One, the Light of the Three Worlds, who dispels inner darkness.

## **11. Offering Incense**

With this fragrant incense, compounded of aromatic substance, do I worship Him, who is the worthiest object of reverence, and the holiest being to worship.

## 12. Puppha Pūjā

*Vaṇṇagandhagunopetaṃ etaṃ Kusumasantatiṃ,  
Pūjayāmi Munindassa siripāda saroruhe.  
Pūjemi Buddhaṃ kusumena'nena,  
Puññenametena ca hotu mokkhaṃ,  
Pupphaṃ milāyāti yathā idamme  
Kāyo tathā yāti vināsabhāvaṃ.*

## 13. Sakala-Buddha Pūjā

*Nirodhasamāpattito vuṭṭhahitvā nisiṅṇassa viyā  
Bhagavato Arahato Sammāsambuddhassa  
Īminā dīpena dhūpena pupphena  
pūjemi, pūjemi, pūjemi;  
Imaṃ dīpa-dhūpa-pupphapūjādi nāma  
sakala Sambuddhānaṃ, Pacceka Buddhānaṃ,  
Aggasāvakaṇaṃ, Mahāsāvakaṇaṃ,  
Arahantānaṃ pakatisīlaṃ.  
Ahampi tesaṃ anuvattako homi.  
Imāni pupphāni vennena'pi suvaṇṇaṃ,  
Gandhena'pi sugandhaṃ,  
Saṅṭhānena'pi susaṅṭhānaṃ,  
Khippameva dubbaṇṇaṃ duggandhaṃ  
Dussaṅṭhānaṃ pāpunissati.  
Evameva sabbe saṅkhārā aniccā,  
Sabbe saṅkhārā dukkhā,  
Sabbe dhammā anattā'ti!*

## 14. Paṭipatti Pūjā

*Imāya dhammānudhamma paṭipattiyā Buddhaṃ pūjemi,  
(Salutation)  
Imāya dhammānudhamma paṭipattiyā Dhammaṃ pūjemi,  
(Salutation)  
Imāya dhammānudhamma paṭipattiyā Saṅghaṃ pūjemi.  
(Salutation)*

---

## **12. Offering of Flowers**

With this heap of beautiful, fragrant and choice flowers, do I worship the sacred lotus feet of the Lord of Sages. With these varieties of flowers do I worship the Enlightened One; through this act of merit, may emancipation be mine. Just as these flowers wither away, even so this body ends in destruction.

## **13. Worshipping all Buddhas**

The Blessed Lord, the Perfect One, the Supremely Enlightened One, seems seated even as he would after having arisen from the summit ecstatic state called the Cessation Absorption. To him do I worship with these flowers.

Indeed, this form of flower-worship was the habitual practice of devotion for all the Supremely Enlightened Ones, the Hermit Enlightened Ones, the Chief Disciples, the Great Disciples and the perfected Saint Disciples. So, I too follow in their footsteps. Lo! These flowers which are now full of colour, fragrance and beauty, will soon become discoloured, malodorous and ugly. Even so, all conditioned things are changeful and subject to suffering; and all conditioned and unconditioned things are unsubstantial.

## **14. Worship as an earnest practice of Dhamma**

I worship the Enlightened One by this diligent and earnest practise of Dhamma,  
I worship the Sacred Teaching by this diligent and earnest practise of Dhamma,  
I worship the Holy Order by this diligent and earnest practise of Dhamma.

## 15. Cetiya Vandana

*Vandāmi cetiyam sabbam  
sabbathānesu patitthitam  
Sārīrikadhātu mahābodhim  
Buddharūpaṃ sakalam sadā.  
(Salutation)*

## 16. Bodhi Vandana

*Yassamūle nisinno'va  
sabbārivijayam akā,  
Patto sabbaññūtam Satthā  
vande'tam Bodhipādapaṃ.  
Ime ete Mahābodhi  
Lokanāthena pūjitam,  
Aham pi te namassāmi  
Bodhirājā namatthu te. (Salutation)*

*Namo Tassa Bhagavato Arahato Sammāsambuddhassa*

## 17 Paritta Pāṭha

*Āvāhanam*

*Vipatti paṭivāhāya, Sabbasampatti siddhiyā,  
Sabbadukkham vināsāya, Sabbabhayaṃ vināsāya,  
Sabbarogaṃ vināsāya, Bhave dīghāyukadāyakaṃ,  
Sabbalokaṃ hitatthāya, Parittam taṃ bhaṇāmahe.  
Samantā cakkavālesu, Attrāgacchantu devatā,  
Saddhammaṃ munirājassa, Sunantu sagga  
mokkhadam.*

*Dhammassavanakālo ayaṃ bhadantā!  
Dhammassavanakālo ayaṃ bhadantā!  
Dhammassavanakālo ayaṃ bhadantā!  
Paritassavanakālo ayaṃ bhadantā!*

## **15. Worshipping the Cetiya**

I worship all votive shrines (Stupas, Pagodas or Dagobas) established everywhere and the holy relics, the Sacred Tree of Wisdom, and all holy images of the Enlightened One ever.

## **16. Worshipping the Tree of Enlightenment**

I worship the Sacred Tree of Enlightenment,  
Seated beneath which The Supreme Teacher,  
Vanquished all adversaries of Truth,  
And attained to the Summit state of Omniscience.  
This great Tree of Enlightenment was shown  
Honour by the Lord of the World himself,  
So, I too shall worship Thee.  
Oh King of trees, the Tree of Enlightenment  
Indeed I do worship thee!

## **17. Protective Chanting**

### **Invocation:**

To ward off adversity and  
To bring all good things of life,  
To remove all suffering, Fear and disease,  
To promote the welfare Of all in the world,  
And to bestow  
Longevity in this life,  
Do we now chant the auspicious Protective Discourses.  
May the gods from the entire universe,  
Assemble here and listen to the Noble Teaching  
Of the Lord of Sages, leading one,  
To heavenly bliss and Liberation!  
This is the propitious time to hear the Good Law,  
O Revered Ones! (3 times).  
This is the propitious time to hear the protective hymn,  
O Revered Ones!

## Sutta

*Please choose the sutta for chant*

Sutta – 1	Karaṇīya Mettā Sutta	Page 16
Sutta – 2	Mahāmaṅgala Sutta	Page 20
Sutta – 3	Ratana Sutta	Page 24
Sutta – 4	Jayamaṅgala Gāthā	Page 32
Sutta – 5	Mahājayaṅgala Gāthā	Page 36
Sutta – 6	Mora Paritta	Page 40
Sutta – 7	Ammhaviṣati Buddha Vandanā	Page 42
Sutta – 8	Narasīha Gāthā	Page 46
Sutta – 9	Buddhānussati	Page 50

### 18 Paritta Suttas

#### Sutta - 1

#### KARAṆĪYA METTĀ SUTTA

- Karaṇīya matthakusalena,  
Yaṃ taṃ santam padaṃ abhisamecca,  
Sakko ujū ca sūjū ca,  
Suvaco cassa mudu anatimāni.*
- Santussako ca subharo ca,  
Appakicco ca sallahukavutti,  
Santindriyo ca nipako ca,  
Appagabbho kulesu ananugiddho.*
- Naca khuddaṃ samācare kiñci,  
Yena viññū pare upavadeyyuṃ,  
Sukhino vā khemino hontu,  
Sabbe sattā bhavantu sukhittā.*

## Suttas

*Please choose the sutta for chant*

Sutta – 1	Page 16
Sutta – 2	Page 20
Sutta – 3	Page 24
Sutta – 4	Page 32
Sutta – 5	Page 36
Sutta – 6	Page 40
Sutta – 7	Page 42
Sutta – 8	Page 46
Sutta – 9	Page 50

### 18 Protective Discourses

#### **Sutta - 1**

#### **Discourse on Universal Love**

1. Whoso his welfare seeks to promote,  
With a grasped of the state of Perfect Peace,  
He should be competent, honest and upright,  
Gentle in speech, meek and not proud.
2. He should be contented, easy to support,  
Not over-busy, and be simple in living,  
Tranquil in his sense, let him be prudent,  
Not be brazen, nor fawning on families.
3. He should refrain from any action  
That gives the wiser reason to reprove.  
May all beings be happy and secure,  
May all be well-disposed at heart!

4. *Ye keci pāṇabhūtatthi,  
Tasā vā thāvarā vā anavasesā,  
Dīghā vā ye mahantā vā  
Majjhimā rassakānukathulā.*
5. *Diṭṭhā vā yeva adiṭṭhā,  
Ye ca dūre vasanti avidūre,  
Bhūtā vā sambhavesi vā,  
Sabbe sattā bhavantu sukhittatā.*
6. *Na paro param nikubbetha,  
ñātimaññetha katthacinam kañci.  
Byārosanā paṭighasaññā,  
Nāññamaññassa dukkhamiccheyya.*
7. *Mātā yathā niyam puttam  
Āyusā ekaputtamanurakkhe,  
Evaṃpi sabbabhūtesu,  
Mānasam bhāvaye aparimānam.*
8. *Mettañca sabbalokasmim,  
Mānasam bhāvaye aparimānam,  
Uddham adho ca tiriyañca,  
Asambādham averam asapattam.*
9. *Tiṭṭham caram nisinno vā,  
Sayāno vā yāvatassa vigatamiddho  
Etaṃ satim adhitttheyya,  
Brahmametaṃ vihāram idhamāhu.*

4. Whatever living creatures there be,  
Without exception, weak or strong.  
Long or huge, middle-sized,  
Short, minute or bulky,
5. Whether visible or invisible,  
And those living afar or near,  
The born and those seeking birth,  
May all beings be happy!
6. Let none deceive or decry  
His fellow anywhere.  
With resentment or hate  
Let none wish another's harm.
7. Just as a mother would shield  
With her own life, an only child,  
So let him have a mind  
Of boundless love for all beings.
8. Let him cultivate a mind of boundless love,  
For all, throughout the universe,  
In all its height, depth and breadth,  
Love that is unrestricted  
And beyond hatred or enmity.
9. Whether he stands, walks, sits or lies down,  
As long as he is awake,  
Let him maintain this mindfulness of love,  
Deemed here a Divine State.

**10. Diṭṭhiñca anupagamma sīlavā**

*Dassanena sampañño,  
Kāmesu vineyya gedham  
na hi jātu gabbhaseyyam punaretī'ti.*

*Dukkha pattā ca niddukkhā  
Bhaya pattāca nibbhayā  
Soka pattāca nissokā  
Hontu sabbepi pānino.*

**Sutta- 2**

**MAHĀMAṄGALA SUTTA**

*Evam me sutam. Ekam samayam Bhagavā Sāvattthiyam  
viharati Jetavane Anāthapiṇḍikassa ārame. Atha kho  
aññatarā devatā abhikkantāya rattiyā abhikkantavaṇṇā  
kevalakappam jetavanam obhāsetvā yena Bhagavā  
tenupasaṅkami. Upasaṅkamitvā Bhagavantam abhivādetvā  
ekamantam aṭṭhāsi. Ekamantam ṭhitā kho sā devatā  
Bhagavantam gāthāya ajjhabhāsi.*

**Deity:**

1. *Bahu devā manussā ca  
Maṅgalāni acintayum,  
Ākaṅkhamānā sotthānam;  
Brūhi maṅgalamuttamam.*

**Blessed One:**

2. *Asevanā ca bālānam  
Paṇḍitānañca sevanā,  
Pujā ca pujaṇīyānam;  
Etam maṅgalamuttamam.*

10. Holding no wrong views, virtuous

And with vision of Nibbāna, Ultimate reality,  
Having overcome all sensual desires,  
Never in a womb is he born again.

May all beings who are suffering, be free from suffering!  
May all beings who are in fear, be free from fear!  
May all beings who are grieving, be free from grief!

**Sutta - 2**

**Discourse on Great Blessings**

Once the Blessed One was staying at Anāthapiṇḍika's monastery in Jeta's Grove near Sāvattī. Now as the night advanced far, a certain deity with surpassing brilliance illuminating the entire Jeta grove, came into the presence of the Blessed One. Drawing close, he paid his respects to the Lord and stood at one side. Standing thus, the Deity addressed the Blessed One in verse:

**Deity:**

1. Many deities and men,  
In quest of well-being,  
Have pondered on blessings,  
Pray, reveal what are great blessings.

**Blessed One:**

2. Avoiding wrong company,  
Associating with the wise,  
And revering those to be revered,  
Each is a great blessing.

3. *Paṭirūpadēsavāso ca*  
*Pubbe ca katapuññatā,*  
*Attasammāpaṇidhi ca;*  
*Etaṃ maṅgalamuttamaṃ.*
4. *Bāhusaccañca sippañca,*  
*Vinayo ca susikkhito,*  
*Subhāsītā ca yā vācā;*  
*Etaṃ maṅgalamuttamaṃ.*
5. *Mātā pitu upatṭhānaṃ,*  
*Puttadārassa saṅgaho,*  
*Anākulā ca kammantā;*  
*Etaṃ maṅgalamuttamaṃ.*
6. *Dānañca dhammacariyā ca*  
*ñātakānañca saṅgaho,*  
*Anavajjāni kammāni;*  
*Etaṃ maṅgalamuttamaṃ.*
7. *Ārati virati pāpā,*  
*Majjapānā ca saññamo,*  
*Appamādo ca dhammesu;*  
*Etaṃ maṅgalamuttamaṃ.*
8. *Gāravo ca nivāto ca,*  
*Santuṭṭhi ca kataññutā,*  
*Kālena dhammassavanaṃ;*  
*Etaṃ maṅgalamuttamaṃ.*

3. Residing in a suitable locality,  
Possessing merits of past deeds,  
And setting oneself on the right path,  
Each is a great blessing.
4. Being learned and skillful in craft,  
Disciplined in morals and well cultivated,  
Being gifted with words of wisdom,  
Each is a great blessing.
5. Looking after mother and father,  
Supporting wife and children,  
And pursuing a blameless career,  
Each is a great blessing.
6. Being generous and virtuous in conduct,  
Being helpful to relatives,  
And irreproachable in actions,  
Each is a great blessing.
7. Abhorring and refraining from evils,  
Abstaining from intoxicating drinks,  
And being heedful in spiritual practices,  
Each is a great blessing.
8. Being reverential and modest,  
Being contented and grateful,  
And listening to Dhamma-discourses,  
Each is a great blessing.

9. *Khanti ca sovacassatā,  
Samanānañca dassanañ,  
Kālena dhammasākacchā;  
Etañ maṅgalamuttamañ.*
10. *Tapo ca brahmacariyā ca,  
Ariyasaccānadassanañ,  
Nibbāna sacchikiriyā ca;  
Etañ maṅgalamuttamañ.*
11. *Phuṭṭhassa loka-dhammehi,  
Cittañ yassa na kampati,  
Asokañ virajañ khemañ;  
Etañ maṅgalamuttamañ.*
12. *Etādisāni katvāna,  
Sabbatthamaparājitā,  
Sabbattha sotthiñ gacchanti;  
Tañ tesañ maṅgalamuttamañ'ti.*

Sutta - 3

RATANA SUTTA

1. *Yānīdha bhūtāni samāgatāni,  
Bhummāni vā yāni vā antalikkhe,  
Sabbeva bhūtā sumanā bhavantu,  
Athopi sakkacca suṇantu bhāsitañ.*

9. Being patient and open to correction,  
Respectfully attending on bhikkhus,  
And timely Dhamma-discussions,  
Each is a great blessing.
10. Practising austerity, leading holy life,  
Gaining the vision of Noble Truths,  
And realizing Nibbāna, Ultimate Peace,  
Each is a great blessing.
11. Pressured by worldly dichotomies,  
When one's mind does not tremble,  
Being sorrowless, taint-free and secure,  
Each is a great blessing.
12. Having acted in this way,  
They are invincible everywhere,  
And remain ever secure;  
To them these are the great blessings.

### **Sutta - 3**

#### **Discourse on the Triple Gem**

1. Whatever beings are gathered here,  
Whether terrestrial, or celestial,  
All beings, abide ye with loving hearts,  
And listen carefully to these words;

2. *Tasmā hi bhūtā nisāmetha sabbe,  
Mettaṃ karotha mānusiya pajāya,  
Divā ca ratto ca haranti ye balim,  
Tasmā hi ne rakkhatha appamattā.*
3. *Yaṃ kiñci vittaṃ idha vā huraṃ vā,  
Saggesu vā yaṃ ratanaṃ paṇītaṃ,  
Na no samaṃ atthi Tathāgatena,  
Idampi Buddhē ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!*
4. *Khayaṃ virāgaṃ amataṃ paṇītaṃ,  
Yadhajjhagā sakyamunī samāhito,  
Na tena dhammena samatthi kiñci,  
Idampi Dhamme ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!*
5. *Yaṃ Buddha-seṭṭho parivaṇṇayī suciṃ,  
Samādhi mānantarikaññamāhu,  
Samādhinā tena samo na vijjati,  
Idampi Dhamme ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!*
6. *Ye puggalā aṭṭha sataṃ pasatthā,  
Cattāri etāni yugāni honti,  
Te dakkhiṇeyyā Sugatassa sāvakā,  
Etesu dinnāni mahapphalāni,  
Idampi Saṅghe ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!*

2. Pay heed, then, ye beings all,  
Show loving kindness to human beings,  
Day and night, they bring thee offerings,  
So protect them ever with diligence.
3. Whatever Treasure Gem there be in this or other worlds,  
Whatever precious gem there be in the heavens,  
There is nothing to equal the Bearer of Truth,  
This is the matchless excellence in the Buddha,  
By this assertion of truth, may well-being prevail!
4. By the extinction of defilements,  
The tranquil Sākyan Sage realized,  
The highest passion-free, deathless state.  
There is nothing to equal that Supreme state.  
This is the matchless excellence in the Dhamma,  
By this assertion of truth, may well-being prevail!
5. The Supreme Sanctity which the Buddha extolled,  
As Transcendental Uninterrupted Ecstasy,  
Nothing equals that blissful Supermundane Absorption,  
This is the matchless excellence in the Dhamma,  
By this assertion of truth, may well-being prevail!
6. The Supreme Sage extolled eight individual saints,  
Who form the Four Pairs of Sanctified Seers,  
They are Exalted One's Noble Disciples, worthy of offerings,  
Offerings made to them yield abundant fruit,  
This is the matchless excellence in the Saṅgha,  
By this assertion of truth, may well-being prevail!

7. *Ye suppayuttā manasā daḷhena,  
Nikkāmino Gotamasāsanamhi,  
Te pattipattā amataṃ vigayha,  
Laddhā mudhā nibbutiṃ bhuñjamānā,  
Idampi Saṅghe ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!*
8. *Yathindakhīlo paṭhavim sito siyā,  
Catubbhi vātehi asampakampiyo,  
Tathūpamaṃ sappurisaṃ vadāmi,  
Yo ariyasaccāni avecca passati,  
Idampi Saṅghe ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!*
9. *Ye ariyasaccāni vibhāvayanti,  
Gambhīrapaññaena sudesitāni,  
Kiñcāpi te honti bhusappamattā,  
Na te bhavaṃ aṭṭhamaṃ ādiyanti,  
Idampi Saṅghe ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!*
10. *Sahāvassa dassanasampadāya,  
Tayassu dhammā jahitā bhavanti,  
Sakkāyadiṭṭhī vicikicchitañca,  
Sīlabbataṃ vāpi yadatthi kiñci,  
Catūhapāyehi ca vipparamutto,  
Cha cābhiṅhānāni abhabbo kātum,  
Idampi Saṅghe ratanaṃ paṇītaṃ,  
Etena saccena suvatthi hotu!*

7. Fully committed with a steadfast mind,  
In Gotama's Dispensation,  
They have gone beyond passion,  
Having plunged unto the Deathless,  
Partaking of Ultimate Peace, won by spiritual excellence,  
They have reached the highest state,  
This is the matchless excellence in the Saṅgha,  
By this assertion of truth, may well-being prevail!
8. As a votive column sunk deep in earth,  
Remains unshaken by the four winds;  
Even so, is the Holy One, I declare,  
Who dwells ever-seeing the Noble Truths;  
This is the matchless excellence in the Saṅgha,  
By this assertion of truth, may well-being prevail!
9. Those who have actualized the Noble Truths,  
Well expounded by Him of profound wisdom,  
Even if they have not been ever so mindful;  
They never are reborn more than seven times.  
This is the matchless excellence in the Saṅgha,  
By this assertion of truth, may well-being prevail!
10. One who has gained the Supreme Vision,  
For him these three fetters have been uprooted:  
Self-illusion, skeptical doubt and superstitious  
Adherence to rules and rituals,  
Wholly freed from the four states of woe,  
He is incapable of committing six heinous crimes.  
This is the matchless excellence in the Saṅgha,  
By this assertion of truth, may well-being prevail!

11. *Kiñcāpi so kamman karoti pāpakam,  
Kāyena vācā uda cetasā vā,  
Abhabbo so tassa pañicchādāya,  
Abhabbatā diṭṭha padassa vuttā,  
Idampi Saṅghe ratanam pañītam,  
Etena saccena suvatthi hotu!*
12. *Vanappagumbe yathā phussitagge,  
Gimhānamāse paṭhamasmim gimhe,  
Tathūpamaṃ Dhammavaram adesayi,  
Nibbānagāmiṃ paramaṃ hitāya,  
Idampi Buddhē ratanam pañītam,  
Etena saccena suvatthi hotu!*
13. *Varo varaññū varado varāharo,  
Anuttaro Dhammavaram adesayi,  
Idampi Buddhē ratanam pañītam,  
Etena saccena suvatthi hotu!*
14. *Khīṇaṃ purāṇaṃ navaṃ natthi sambhavaṃ,  
Virattacittā āyatike bhavasmim,  
Te khīṇabījā avirūlhicchandā,  
Nibbanti dhīrā yathā yaṃ padīpo,  
Idampi Saṅghe ratanam pañītam,  
Etena saccena suvatthi hotu!*
15. *Yānīdha bhūtāni samāgatāni,  
Bhummāni vā yāni vā antalikkhe,  
Tathāgataṃ deva-manussa-pūjitaṃ,  
Buddhaṃ namassāma suvatthi hotu!*
-

11. Whatever error he might make,  
Whether by deed, word or thought,  
He is incapable of concealing it,  
Impossible to do so, it is said,  
Being endowed with Vision of the Supermundane.  
This is the matchless excellence in the Saṅgha,  
By this assertion of truth, may well-being prevail!
12. Just as forest groves, in springtime,  
Burst forth in blossoms of myriad hues,  
Even so, did He teach the Sublime Dhamma,  
Leading to Nibbāna, for the highest good,  
This is the matchless excellence in the Buddha,  
By this assertion of truth, may well-being prevail!
13. Having gained the highest of Excellence, He is  
The Knower, Giver and Bringer of Supreme Excellence.  
Being ever the Unexcelled One,  
He expounded the most Excellent Teaching.  
This is the matchless excellence in the Buddha,  
By this assertion of truth, may well-being prevail!
14. With the past karmas fully wiped out,  
And no possibility of fresh accumulation,  
Severed from future rebirths, their minds are free,  
Where desire, like burnt-up seeds, sprout no more,  
These Wise Ones cease like a blown-out lamp.  
This is the matchless excellence in the Saṅgha,  
By this assertion of truth, may well-being prevail!
15. Whatever beings are gathered here,  
Whether terrestrial or celestial,  
The Bearer of Truth is worshipped by gods and men,  
Let us worship the Supremely Enlightened One,  
May by this act, well-being prevail!

16. *Yānīdha bhūtāni samāgatāni,  
Bhummāni vā yāni vā antalikkhe,  
Tathāgatam deva-manussa-pūjitam,  
Dhammam namassāma suvatthi hotu!*

17. *Yānīdha bhūtāni samāgatāni,  
Bhummāni vā yāni vā antalikkhe,  
Tathāgatam deva-manussa-pūjitam,  
Saṅgham namassāma suvatthi hotu!*

Sutta - 4

### JAYAMAṄGALA GĀTHĀ

1. *Bāhum sahasamabhinimmita sāyudhantam,  
Girimekhalam uditā ghora sasena mārām,  
Dānādi dhamma vidhinā jitavā Munindo,  
Tam tejasā bhavatu me jayamaṅgalāni.*
2. *Mārātirekamabhiyyujjhita sabbarattim,  
Ghorampanālavakamakkha mathaddhayakkham,  
Khanti sudanta vidhinā jitavā Munindo,  
Tam tejasā bhavatu me jayamaṅgalāni.*
3. *Nālāgirim gajavaram atimatta bhutam  
Dāvaggi cakkamasanīva sudārunantam,  
Mettambusekavidhinā jitavā Munido,  
Tam tejasā bhavatu me jayamaṅgalāni.*

16. Whatever beings are gathered here,  
Whether terrestrial or celestial,  
The Bearer of Truth is worshipped by gods and men,  
Let us worship the Sacred Teaching of the Buddha,  
May by this act, well-being prevail!
17. Whatever beings are gathered here,  
Whether terrestrial or celestial,  
The Bearer of Truth is worshipped by gods and men,  
Let us worship the Holy Order  
Established by the Buddha,  
May by this act, well-being prevail!

## **Sutta - 4**

### **Halo'd Triumph**

1. Māra, the Evil One, assumed a fierce form with a thousand arms, each brandishing a deadly weapon. Accompanied by his formidable hosts, he stormed forward roaring, riding on his elephant, Girimekhala. Him the Sovereign Sage conquered by invoking the might of his exalted perfections of giving and the rest. By this mighty triumph may joyous victory be mine!
2. Even more fiendish than Māra was Ālavaka, the impetuous and haughty yakkha (demon) who fought a night-long battle with the Lord. Him the Sovereign Sage conquered through enduring patience flowing from his unequalled self-mastery. By this mighty triumph may joyous victory be mine!
3. Provoked to run amok, Nālāgiri, the king tusker, like a raging forest fire murderously assailed all in his path, and struck such terror as would Indra's thunderbolt, the irresistible destroyer. Him the Sovereign Sage tamed by sprinkling over him the cooling water of all-embracing love. By this mighty triumph may joyous victory be mine!

4. *Ukkhittakhaggamatihattha sudārunantaṃ,  
Dhāvanti yojana pathaṅgulimālavantaṃ,  
Iddhibhisañkhatamano jītavā Munindo,  
Taṃ tejasā bhavatu me jayamaṅgalāni.*
5. *Katvāna kaṭṭha mudaraṃ iva gabbhiniyā,  
Ciñcāya duṭṭhavacanaṃ janakāya majjhe,  
Santena somavidhinā jītavā Munindo,  
Taṃ tejasā bhavatu me jayamaṅgalāni.*
6. *Saccaṃ vihāya matisaccaka vādaketuṃ,  
Vādābhiropitamaṇaṃ ati andhabhūtaṃ,  
Paññāpadīpajalito jītavā Munindo,  
Taṃ tejasā bhavatu me jayamaṅgalāni.*
7. *Nandopananda Bhujagaṃ vibudhaṃ mahiddhiṃ,  
Puttena therabhujagena damāpayanto,  
Iddhūpadesa vidhinā jītavā Munindo,  
Taṃ tejasā bhavatu me jayamaṅgalāni.*
8. *Duggāhaditṭhi bhujagena sudaṭṭhahatthaṃ,  
Brahmaṃ visuddhi jutimiddhi Bakābhidhānaṃ,  
ñānāgadena vidhinā jītavā Munindo,  
Taṃ tejasā bhavatu me jayamaṅgalāni.*
9. *Etāpi Buddha jayamaṅgala aṭṭha gāthā,  
Yo vācako dinedine sarate matandi,  
Hitvānaneka vividhāni cupaddavāni,  
Mokkhaṃ sukhaṃ adhigameyya naro sapañño.*

4. With sword upraised in his expert hands, did the savage robber Aṅgulimālā pursue the Lord for a full three leagues. Him the Sovereign Sage conquered by his supernatural powers. By this mighty triumph, may joyous victory be mine!
5. Posing as a pregnant woman by tying a piece of wood on her belly, Ciñcā falsely accused the Lord with lewd words in the midst of a devout congregation. Her the Sovereign Sage subdued through his imperturbable serenity. By this mighty triumph, may joyous victory be mine!
6. With his perverted intelligence, Saccaka, the wandering mendicant, invariably distorted the truth. Pretending to be the very banner of learning, he only blinded his own mental vision as he went about indulging in intellectual disputations. Him the Sovereign Sage conquered by his illuminating lamp of wisdom. By this mighty triumph, may joyous victory be mine!
7. Nandopananda, the hostile king of the Nāgās, possessed immense and manifold psychic powers. By instructing the Elder Moggallāna, his spiritual son, mighty in supernatural attainments, the Sovereign Sage rendered the Nāgā king powerless and transformed him. Thus, through a supernormal mode of spiritual instruction intelligible to the Nāgā, did the Master conquer him. By this mighty triumph, may joyous victory be mine!
8. Though a deity of great purity, radiance and power, Baka the Brahma god, like an arm tightly held in a snake's coil, was nevertheless in the grip of pernicious views. Him the Sovereign Sage cured by means of wisdom. By this mighty triumph, may joyous victory be mine!
9. He who, day after day without lethargy, recites and recollects these eight hymns of the Exalted One's glorious triumphs, that wise man, having overcome many and diverse obstacles, would attain the bliss of deliverance.

Sutta - 5

MAHĀJAYAMAṄGALA GĀTHĀ

1. *Mahākārūniko Nātho,  
Hitāya sabbapāṇinaṃ,  
Pūretvā pārami sabbāṃ,  
Patto sambodhi muttamaṃ.  
Etena saccavajjena  
Hotu me jayamaṅgalaṃ.*
2. *Jayanto Bodhiyā mūle  
Sakkyānaṃ nandivaḍḍhano.  
Evaṃ mayhaṃ jayo hotu  
Jayassu jaya maṅgalaṃ.*
3. *Sakkatvā Buddharatanaṃ, Osadhaṃ uttamaṃ varaṃ,  
Hitāṃ devamanussānaṃ, Buddhatejēna sotthinā  
Nassantupaddavā sabbe, Dukkhā vūpasamentu me.*
4. *Sakkatvā Dhammaratanaṃ, Osadhaṃ uttamaṃ varaṃ,  
Parilāhupasamaṃ , Dhammatejēna sotthinā  
Nassantupaddavā sabbe, Bhayā vūpasamentu me.*
5. *Sakkatvā Saṅgharatanaṃ, osadhaṃ uttamaṃ varaṃ,  
Ahuneyyaṃ pāhuneyyaṃ , Saṅghatejēna sotthinā  
Nassantupaddavā sabbe, Rogā vūpasamentu me.*
6. *Yaṃ kiñci ratanaṃ loke  
Vijjati vividhā puthu  
Ratanaṃ Buddhasamaṃ natthi,  
Tasmā sotthi bhavantu me.*

## **Sutta - 5**

### **Triumph and Blessing**

1. The great compassionate Deliverer,  
For the welfare of all, fulfilling  
The perfections, won the summit  
State of Supreme Enlightenment.  
By this assertion of truth  
May I triumph and be blessed.
2. Victorious under the Tree of Wisdom,  
He raised to its very height  
The exultation of the Sākyan people.  
Even so be my own victory;  
May I ever triumph and be blessed.
3. Worshipping the precious Buddha Gem,  
Is a panacea excelling everything,  
And being vitalized by the Buddha's Grace,  
Ever salutary to gods and men.  
By this act may all my  
Distress and suffering cease!
4. Worshipping the precious Dhamma Gem,  
Is a panacea excelling everything,  
And being vitalized by the Dhamma's Power,  
Ever soothing the burnings within,  
By this act may all my, Distress and fear cease!
5. Worshipping the precious Saṅgha Gem,  
Is a panacea excelling everything,  
And being vitalized by the virtue of Saṅgha,  
Ever worthy of offerings and hospitality,  
By this act may all my, Distress and ailments cease!
6. Whatever precious gem exists,  
In the world, in many forms,  
There is nothing so precious,  
As the Gem of the Enlightened One.  
By this assertion of truth  
May well-being abound in me!

7. *Yaṃ kiñci ratanaṃ loke  
Vijjati vividhā puthu,  
Ratanaṃ Dhammasamaṃ natthi,  
Tasmā sotthi bhavantu me.*
8. *Yaṃ kiñci ratanaṃ loke,  
Vijjati vividhā puthu,  
Ratanaṃ Saṅghasamaṃ natthi,  
Tasmā sotthi bhavantu me.*
9. *Natthi me saraṇaṃ aññaṃ  
Buddho me saraṇaṃ varaṃ,  
Etena saccavajjena  
Hotu me jayamaṅgalaṃ.*
10. *Natthi me saraṇaṃ aññaṃ  
Dhammo me saraṇaṃ varaṃ,  
Etena saccavajjena  
Hotu me jayamaṅgalaṃ.*
11. *Natthi me saraṇaṃ aññaṃ  
Saṅgho me saraṇaṃ varaṃ,  
Etena saccavajjena  
Hotu me jayamaṅgalaṃ.*
12. *Sabbītiyo vivajjantu,  
Sabba rogo vinassatu,  
Mā me bhavatvantarāyo,  
Sukhī dīghāyuko bhava.*
13. *Bhavatu sabba maṅgalaṃ,  
Rakkhantu sabba devatā,  
Sabba Buddhānubhāvena,  
Sadā sotthī bhavantu me.*

7. Whatever precious gem exists,  
In the world, in many forms,  
There is nothing so precious,  
As the Gem of the Noble Teaching.  
By this assertion of truth,  
May well-being abound in me!
8. Whatever precious gem exists,  
In the world, in many forms,  
There is nothing so precious,  
As the Gem of the Holy Order.  
By this assertion of truth,  
May well-being abound in me!
9. There is no other refuge for me.  
The Enlightened One is my supreme refuge.  
By this assertion of truth  
May I triumph and be blessed!
10. There is no other refuge for me.  
The Noble Teaching is my supreme refuge.  
By this assertion of truth  
May I triumph and be blessed!
11. There is no other refuge for me,  
The Holy Order is my supreme refuge.  
By this assertion of truth,  
May I triumph and be blessed!
12. May all misfortunes disappear,  
May all diseases fade away,  
May no peril befall me,  
And may I live long happily!
13. May all blessings come to me,  
May all gods protect me;  
By the Grace of all the Enlightened Ones,  
May well-being ever abound in me!

14. *Bhavatu sabba maṅgalaṃ,  
Rakkhantu sabba devatā,  
Sabba Dhammānubhāvena,  
Sadā sotthī bhavantu me.*
15. *Bhavatu sabba maṅgalaṃ,  
Rakkhantu sabba devatā,  
Sabba Saṅghānubhāvena,  
Sadā sotthī bhavantu me.*
16. *Nakkhatta yakkha bhūtānaṃ,  
Pāpaggaha nivaranaṃ,  
Parittassānubhāvena,  
Hantu me upaddave.*

Sutta - 6

### MORA PARITTA

1. *Udetayaṃ cakkhūmā ekarājā,  
Harissa vaṇṇaṃ paṭhavippabhāsaṃ,  
Taṃ taṃ namassāmi harissa vaṇṇaṃ  
Paṭhavippabhāsaṃ,  
Tayajja guttā viharemu divasaṃ.*
2. *Ye brāhmaṇā vedagū sabba dhamme,  
Te me namo, te ca maṃ pālayantu,*
3. *Namatthu Buddhānaṃ, namatthu bodhiyā,  
Namo vimuttānaṃ, namo vimuttiyā,*
4. *Evaṃ so parittaṃ katvā moro carati esanā.*

14. May all blessings come to me,  
May all gods protect me;  
By the Glory of the Noble Teaching,  
May well-being ever abound in me!
15. May all blessings come to me,  
May all gods protect me;  
By the Glory of the Holy Order,  
May well-being ever abound in me!
16. By the power of this protective chanting,  
Warding off the malefic influence of stars,  
Devils, spirits and planetary combinations,  
May all my troubles cease to exist!

## **Sutta - 6**

### **The Peacock's Protective Hymn**

1. There rises the golden hued, Seeing one, The Sole Monarch.  
And the Illuminator of the earth.  
To thee I salute, oh golden hued,  
The Illuminator of the earth!  
May I safely spend the day protected by you!
2. May I salute all the Holy Ones,  
Knowers of all Knowledge!  
May they protect me!
3. May I salute the Supremely Enlightened Ones  
And may I worship their Enlightenment!  
May I salute the Liberated Ones  
And may I worship their Liberation.
4. Having chanted this protective hymn,  
The Peacock king went about searching for food.

5. *Apetayaṃ cakkhūmā ekarājā,  
Harissa vaṇṇaṃ paṭhavippabhāsaṃ,  
Taṃ taṃ namassāmi harissa vaṇṇaṃ  
Paṭhavippabhāsaṃ,  
Tayajja guttā viharemu rattim.*
6. *Ye brāhmaṇā vedagū sabba dhamme,  
Te me namo, te ca maṃ pālayantu,  
Namatthu Buddhānaṃ, namatthu bodhiyā  
Namo vimuttānaṃ, namo vimuttiyā,  
Evaṃ so parittaṃ katvā moro vāsamakappayī'ti.*

## Sutta - 7

### ATṬHAVĪSATI BUDDHA VANDANĀ

1. *Vande Taṇhaṅkaraṃ Buddhaṃ,  
Vande Medhaṅkaraṃ Munim,  
Saraṇaṅkaraṃ Munim vande,  
Dīpaṅkaraṃ Jinaṃ nāme.*
2. *Vande Kondañña Satthāraṃ  
Vande Maṅgala Nāyakaṃ  
Vande Sumana Sambuddhaṃ  
Vande Revata Nāyakaṃ.*
3. *Vande Sobhita Sambuddhaṃ  
Anomdassiṃ Munim name  
Vande Paduma Sambuddhaṃ  
Vande Nārada Nāyakaṃ.*

5. There sets the golden hued, the Seeing one, The Sole Monarch.  
And illuminator of the earth.  
To thee I salute, oh golden hued.  
The Illuminator of the earth!  
May I safely spend the night protected by you!
6. May I salute all the Holy Ones,  
Knowers of all Knowledge!  
May they protect me!  
May I salute the Supremely Enlightened Ones,  
And may I worship their Enlightenment!  
May I salute the Liberated Ones,  
And may I worship their Liberation.  
Having chanted this protective hymn,  
The Peacock king (Bodhisatta) safely spent the night.

## **Sutta - 7**

### **Salutation to the 28 Buddhas**

1. Salutation to Taṇhaṅkara, the All Enlightened!  
Salutation to Medhaṅkara, the Holy Sage  
Salutation to Saraṇaṅkara, the Noble Sage!  
Salutation to Dīpaṅkara, the True Victor!
2. Salutation to Kondañña, the Great Master!  
Salutation to Maṅgala, the Great Leader!  
Salutation to Sumana, the All Enlightened!  
Salutation to Revata the Sublime Guide!
3. Salutation to Sobhita, the All-Enlightened!  
Salutation to Anomadassī, the Holy Sage!  
Salutation to Paduma, the All-Enlightened!  
Salutation to Nārada, the Sublime Guide!

4. *Padumuttaram Munim vande*  
*Vande Sumedha Nāyakaṃ*  
*Vande Sujāta Sambuddham*  
*Piyadassim Munim name.*
5. *Atthadassim Munim vande*  
*Dhammadassim Jinaṃ name*  
*Vande Siddhattha Satthāram*  
*Vande Tissa Mahāmunim.*
6. *Vande Phussa Mahavīram*  
*Vande Vipassi Nāyakaṃ*  
*Sikhim Mahāmunim vande*  
*Vande Vessabhu Nāyakaṃ.*
7. *Kakusandham Munim vande*  
*Vande Konāgamana Nāyakaṃ*  
*Kassapaṃ Sugataṃ vande*  
*Vande Gotama Nāyakaṃ.*
8. *Aṭṭhavīsati ime Buddhā*  
*Nibbānamata dāyakā*  
*Namāmi sirasā niccaṃ*  
*Te maṃ rakkhantu sabbadā.*

4. Salutation to Padumuttara, the Serene Sage!  
Salutation to Sumedha, the Great Leader!  
Salutation to Sujāta, the All-Enlightened!  
Salutation to Piyadassī, the Noble Sage!
5. Salutation to Atthadassī, the Noble Sage!  
Salutation to Dhammadassī, the True Victor!  
Salutation to Siddhattha, the Holy Teacher!  
Salutation to Tissa, the Great Saint!
6. Salutation to Phussa, the Great Hero!  
Salutation to Vipassī, the Holy Guide!  
Salutation to Sikhi, the Great Sage!  
Salutation to Vessabhu, the True Leader!
7. Salutation to Kakusandha, the Serene One!  
Salutation to Konāgamana, the Holy Guide!  
Salutation to Kassapa, the Exalted One!  
Salutation to Gotama, the Noble Guide!
8. These are the twenty-eight  
Supremely Enlightened Ones,  
Bestowers of Nibbāna's Immortality!  
With my brow may I ever salute them!  
May they ever protect me!

Sutta - 8

NARASĪHA GĀTHĀ

1. *Cakka varaṅkita ratta supādo,  
Lakkhaṇa maṇḍita āyata paṇhi,  
Cāmara chatta vibhūsita pādo,  
Esa hi tuyha pitā Narasīho.*
2. *Sakya kumāra varo sukhumālo,  
Lakkhaṇa vitthata puṇṇa sarīro,  
Loka hitāya gato naravīro,  
Esa hi tuyha pitā Narasīho.*
3. *Puṇṇa sasaṅka nibho mukha vaṇṇo,  
Deva narāna piyo naranāgo,  
Matta gajinda vilāsita gāmī,  
Esa hi tuyha pitā Narasīho.*
4. *Khattiya sambhava agga kulīno,  
Deva manussa namassita pādo,  
Sīla samādhi patitṭhita citto,  
Esa hi tuyha pitā Narasīho.*
5. *Āyata tuṅga susaṅghita nāso,  
Gopamukho abhinīla sunetto,  
Indadhanu abhinīla bhamukho,  
Esa hi tuyha pitā Narasīho.*
6. *Vaṭṭa sumatṭa susaṅghita gīvo,  
Sīhahanu miga-rāja sarīro,  
Kañcana succhavi uttama vaṇṇo,  
Esa hi tuyha pitā Narasīho.*

## **Sutta - 8**

### **Eulogy to the Lion of Men**

1. His noble reddish feet are marked with  
Sacred wheels; his long heels are decked  
With Great One's sacred-marks;  
His feet are marked with the regal marks  
Of parasol and yak tail fan.  
Indeed, this Lion of Men is your father!
2. The Sakyan prince is Delicate and noble,  
with a body embellished with  
The Great One's sacred marks.  
The Hero among men, he is ever dedicated  
To the welfare of the world.  
Indeed, this Lion of Men is your father!
3. Like the full moon is his bright face.  
Dear to gods and men,  
He is the Noblest of men.  
With the graceful gait  
Of a tusker of pure breed.  
Indeed, this Lion of Men is your father!
4. Scion of the Noble warrior race,  
His feet receive homage of gods and men,  
His mind is steeped in virtue and meditation.  
Indeed, this Lion of Men is your father!
5. His prominent nose is well-proportioned,  
His blue eyes are decked with,  
Rainbow dark blue eyebrows, like those of a heifer.  
Indeed, this Lion of Men is your father!
6. His smooth, well-formed round neck,  
Is like that of a lion,  
His body has beautiful bright golden hued skin.  
Like that of the king of the beasts.  
Indeed, this Lion of Men is your father!

7. *Suniddha sugambhīra mañju sughoso,  
Hingula bandhu suratta sujīvho,  
Vīsati vīsati seta sudanto,  
Esa hi tuyha pitā Narasīho.*
8. *Añjana vaṇṇa sunīla sukeso,  
Kaṅcana patta visuddha lalāṭo,  
Osadhi paṇḍara suddha su-uṇṇo,  
Esa hi tuyha pitā Narasīho.*
9. *Gacchati nīlapathe viya cando,  
Tāragaṇā parivethita rūpo,  
Sāvaka majjhagato samanindo  
Esa hi tuyha pitā Narasīho.*

7. His sweet voice is deep and soft,  
his tongue is red as vermilion and  
he has the whitest teeth, twenty in each row.  
Indeed, this Lion of Men is your father!
8. He has dark blue hair like collyrium,  
His forehead is like polished gold plate  
With a white coiled hair like the morning star.
9. Even as the moon crosses the sky,  
surrounded by galaxies of stars,  
He, as the Lord of bhikkhus,  
Is ever surrounded by his disciples,  
Indeed, this Lion of Men is your father!

## Sutta - 9

### Navaguna Buddhanussati Gāthā

#### Recollection of the Nine Qualities of the Buddha

1. Iti pi so bhagavā araham, sammāsambuddho, vijjācaranasampanno, sugato, lokavidu, anuttaro purisadammasārathī, satthā devamanussānam, buddho, bhagavā ti;

Bhagavā, buddho, satthā devamanussānam, anuttaro purisadammasārathī, lokavidu, sugato, vijjācaranasampanno, sammāsambuddho, araham. So bhagavā iti pi.

2. Iti pi so bhagavā, sammāsambuddho, vijjācaranasampanno, sugato, lokavidu, anuttaro purisadammasārathī, satthā devamanussānam, buddho, bhagavā, araham;

Araham, bhagavā, buddho, satthā devamanussānam, anuttaro purisadammasārathī, lokavidu, sugato, vijjācaranasampanno, sammāsambuddho. So bhagavā iti pi.

3. Iti pi so bhagavā, vijjācaranasampanno, sugato, lokavidu, anuttaro purisadammasārathī, satthā devamanussānam, buddho, bhagavā, araham, sammāsambuddho;

Sammāsambuddho, araham, bhagavā, buddho, satthā devamanussānam, anuttaro purisadammasārathī, lokavidu, sugato, vijjācaranasampanno. So bhagavā iti pi.

4. Iti pi so bhagavā, sugato, lokavidu, anuttaro purisadammasārathī, satthā devamanussānaṃ, buddho, bhagavā, araham. sammāsambuddho, vijjācaranasampanno; Vijjācaranasampanno, sammāsambuddho, araham, bhagavā, buddho, satthā devamanussānaṃ, anuttaro purisadammasārathī, lokavidu, sugato. So bhagavā iti pi.
5. Iti pi so bhagavā, lokavidu, anuttaro purisadammasārathī, satthā devamanussānaṃ, buddho, bhagavā, araham, sammāsambuddho, vijjācaranasampanno, sugato; Sugato, vijjācaranasampanno, sammāsambuddho, araham, bhagavā, buddho, satthā devamanussānaṃ, anuttaro purisadammasārathī, lokavidu. So bhagavā iti pi.
6. Iti pi so bhagavā, anuttaro purisadammasārathī, satthā devamanussānaṃ, buddho, bhagavā araham, sammāsambuddho, vijjācaranasampanno, sugato, lokavidu; Lokavidu, sugato, vijjācaranasampanno, sammāsambuddho, araham, bhagavā, buddho, satthā devamanussānaṃ, anuttaro purisadammasārathī. So bhagavā iti pi.
7. Iti pi so bhagavā, satthā devamanussānaṃ, buddho, bhagavā, araham. sammāsambuddho, vijjācaranasampanno, sugato, lokavidu, anuttaro purisadammasārathī;

Anuttaro purisadammasārathī, lokavidu, sugato, vijjācaranasampanno, sammāsambuddho, araham, bhagavā, buddho, satthā devamanussānam. So bhagavā iti pi.

8. Iti pi so bhagavā, buddho, bhagavā, araham, sammāsambuddho, vijjācaranasampanno, sugato, lokavidu, anuttaro purisadammasārathī, satthā devamanussānam;

Satthā devamanussānam, anuttaro purisadammasārathī, lokavidu, sugato, vijjācaranasampanno, sammāsambuddho, araham, bhagavā, buddho. So bhagavā iti pi.

9. Iti pi so bhagavā, bhagavā, araham, sammāsambuddho, vijjācaranasampanno, sugato, lokavidu, anuttaro purisadammasārathī, satthā devamanussānam, buddho.

Buddho, satthā devamanussānam, anuttaro purisadammasārathī, lokavidu, sugato, vijjācaranasampanno, sammāsambuddho, araham, bhagavā. So bhagavā iti pi.

**Buddhānussati**  
**Recollection of the 9 Qualities of the Buddha**  
**Chanting Method (As given in page 50, 51, 52)**

Iti pi so Bhagavā

1. Arahaṇ
2. Sammāsambuddho
3. Vijjācaraṇasampanṇo
4. Sugato
5. Lokavidū
6. Anuttaro Purisadammasārathi
7. Sathā Devamanussānaṃ
8. Buddhō
9. Bhagavā

<b>I Cycle</b>	1	2	3	4	5	6	7	8	9
	9	8	7	6	5	4	3	2	1
<b>II Cycle</b>	2	3	4	5	6	7	8	9	1
	1	9	8	7	6	5	4	3	2
<b>III Cycle</b>	3	4	5	6	7	8	9	1	2
	2	1	9	8	7	6	5	4	3
<b>IV Cycle</b>	4	5	6	7	8	9	1	2	3
	3	2	1	9	8	7	6	5	4
<b>V Cycle</b>	5	6	7	8	9	1	2	3	4
	4	3	2	1	9	8	7	6	5
<b>VI Cycle</b>	6	7	8	9	1	2	3	4	5
	5	4	3	2	1	9	8	7	6
<b>VII Cycle</b>	7	8	9	1	2	3	4	5	6
	6	5	4	3	2	1	9	8	7
<b>VIII Cycle</b>	8	9	1	2	3	4	5	6	7
	7	6	5	4	3	2	1	9	8
<b>IX Cycle</b>	9	1	2	3	4	5	6	7	8
	8	7	6	5	4	3	2	1	9

## 19. Sacca Vajjam

*Etena saccavajjena sotthi no hotu sabbadā  
Etena saccavajjena sabba dukkhā vinassantu.  
Etena saccavajjena sabba Bhayā vinassantu.  
Etena saccavajjena sabba Rogā vinassantu.  
Etena saccavajjena hotu no jayamaṅgalaṃ  
Etena saccavajjena pātu no Ratanattayaṃ!*

1. *Sabbītiyo vivajjantu,  
Sabba rogo vinassatu,  
Mā no bhavatvantarāyo,  
Sukhī dīghāyuko bhavaṃ.*
2. *Bhavatu sabba maṅgalaṃ,  
Rakkhantu sabba devatā,  
Sabba Buddhānubhāvena,  
Sadā sotthī bhavantu no.*
3. *Bhavatu sabba maṅgalaṃ,  
Rakkhantu sabba devatā,  
Sabba Dhammānubhāvena,  
Sadā sotthī bhavantu no.*
4. *Bhavatu sabba maṅgalaṃ,  
Rakkhantu sabba devatā,  
Sabba Saṅghānubhāvena,  
Sadā sotthī bhavantu no.*
5. *Nakkhatta yakkha bhūtānaṃ,  
Pāpaggaha nivaranā,  
Parittassānubhāvena,  
Hantu no upaddave.*

## **19. Truth Assertion**

By this assertion of truth may well-being abound in me!  
By this assertion of truth may I triumph and be blessed!  
By this assertion of truth may the vision of the Triple Gem  
enlighten my heart!

1. May all misfortunes disappear,  
May all diseases fade away,  
May no peril befall us,  
And may I live long happily!
2. May all blessings come to us,  
May all gods protect me;  
By the Grace of all the Supremely Enlightened Ones,  
May well-being ever abound in me!
3. May all blessings come to us,  
May all gods protect me;  
By the Glory of the Noble Teaching,  
May well-being ever abound in me!
4. May all blessings come to us,  
May all gods protect me;  
By the Glory of the Holy Order,  
May well-being ever abound in me!
5. By the power of this protective chanting,  
Warding off the malefic influence of stars,  
Devils, spirits and planetary combinations,  
May all our troubles cease to exist!

6. *Devo vassatu kālena,  
Sassasampatti hetu ca,  
Phīto bhavatu loko ca,  
Rājā bhavatu dhammiko.*
7. *Yaṃ dunnimittam avamaṅgalañca,  
Yo cāmanāpo sakunassa saddo  
Pāpaggaho dussupinam akantam,  
Buddhānubhāvena vināsamentu*
8. *Yaṃ dunnimittam avamaṅgalañca,  
Yo cāmanāpo sakunassa saddo  
Pāpaggaho dussupinam akantam,  
Dhammānubhāvena vināsamentu*
9. *Yaṃ dunnimittam avamaṅgalañca,  
Yo cāmanāpo sakunassa saddo  
Pāpaggaho dussupinam akantam,  
Saṅghānubhāvena vināsamentu*

## 20. Puññānumodanā

1. *Ākāsaṭṭhā ca bhummaṭṭhā,  
Devānāgā mahiddhikā;  
Puññam tam anumoditvā,  
Ciram rakkhantu sāsanam.*
2. *Ākāsaṭṭhā ca bhummaṭṭhā,  
Devānāgā mahiddhikā;  
Puññam tam anumoditvā,  
Ciram rakkhantu desanam.*

6. May the rains fall in time  
And bring about a rich harvest,  
May the world thrive in prosperity,  
And may the rulers ever be righteous!
7. Whatever evil omen, misfortune,  
unpleasant bird noise,  
Malefic Planets and bad dreams there be,  
By the powers of the Supremely Enlightened One,
8. May all these disappear!  
Whatever evil omen, misfortune,  
unpleasant bird noise,  
Malefic Planets and bad dreams there be,  
By the powers of the Sacred Teachings,
9. May all these disappear!  
Whatever evil omen, misfortune,  
unpleasant bird noise,  
Malefic Planets and bad dreams there be,  
By the powers of the Holy Order,  
May all these disappear!

## **20. Sharing Merit**

1. Having shared the merits  
Accruing through these good deeds,  
May the gods and nāgās of mighty power,  
Inhabiting throughout the space and earth,  
Protect the Buddha's Dispensation for long!
2. Having shared the merits  
Accruing through these good deeds,  
May the gods and nāgās of mighty power,  
Inhabiting throughout the space and earth,  
Protect the Buddha's Teaching for long!

3. *Ākāsaṭṭhā ca bhummaṭṭhā,  
Devānāgā mahiddhikā;  
Puññaṃ taṃ anumoditvā,  
Ciraṃ rakkhantu maṃ paraṃ.*
4. *Ettāvatā ca amhehi,  
Sambhataṃ Puññasampadaṃ;  
Sabbe devā anumodantu,  
Sabba Sampatti siddhiyā.*
5. *Ettāvatā ca amhehi,  
Sambhataṃ Puññasampadaṃ;  
Sabbe bhūta anumodantu,  
Sabba Sampatti siddhiyā.*
6. *Ettāvatā ca amhehi,  
Sambhataṃ Puññasampadaṃ;  
Sabbe Sattā anumodantu,  
Sabba Sampatti siddhiyā.*  
*Idaṃ me ñātīnaṃ hotu  
Sukhitā hontu ñātayo! (3 times).*

## 21. Tiratana Tejaṃ

*Sabbe Buddhā balappattā,  
Paccekañānaṃ yaṃ balaṃ  
Arahantañānaṃ tejena,  
Rakkhaṃ bandhāmi sabbaso.*  
*Sabbe Dhammā balappattā  
Ariyasaccānaṃ yaṃ balaṃ  
Dhammacakkassa tejena  
Rakkhaṃ bandhāmi sabbaso.*

---

3. Having shared the merits  
Accruing through these good deeds,  
May the gods and nāgās of mighty power,  
Inhabiting throughout the space and earth,  
Protect us and others for long!
4. May all gods share  
This wealth of merit,  
Acquired now by us,  
To yield all good fortunes for us!
5. May all living creatures share  
This wealth of merit,  
Acquired now by us,  
To yield all good fortunes for us!
6. May all sentient beings share  
This wealth of merit,  
Acquired now by us,  
To yield all good fortunes for us!  
  
May this merit accrue also to my relatives,  
And may my relatives be happy! (3 times).

## **21. The Glory of the Triple Gem**

By the mighty powers of all Supremely Enlightened Buddhas,  
The Hermit Buddhas and the Arahats, Perfect Ones,  
May I secure protection in full measure.

By the mighty powers of the Sacred Teachings,  
Of the Supremely Enlightened Buddhas, of the Four Noble  
Truths and the Setting in Motion of the Wheel of Truth  
May I secure protection in full measure.

*Sabbe Saṅghā balappattā,  
Vimuttānañca yaṃ balam,  
Sāsanassa tejena,  
Rakkhaṃ bandhāmi sabbaso.*

## 22. Saṅkappo

*Iminā puññakammena,  
Mā me bāla-samāgamo;  
Sataṃ samāgamo hotu,  
Yāva nibbānapattiyā.*

*Idaṃ me puñña kammaṃ  
Āsavakkhayaṃ vahaṃ hotu  
Sabbadukkhā pamuccatu  
Nibbānassa paccayo hotu!  
Sādhu! Sādhu! Sādhu!*



## 23. Ācariya Pūjā

*Sīlavanto guṇavanto  
Paññāvanto me ācariyo.  
Karuṇāya Dhammaṃ desesi,  
Gāravena namāmi sadā.  
Anumoditvā imaṃ puññaṃ  
Pappotu amataṃ padaṃ.*

By the mighty powers of the Liberated Disciples of Holy Orders and the Holy Dispensations of all Buddhas,  
May I secure protection in full measure.

## **22. Aspiration**

By the power of this meritorious deed,  
May I not suffer the company of unwise people.  
May I be blessed with the company of wise people,  
Until Deliverance is won!

May this meritorious deed of mine,  
Conduce to the destruction of cankers,  
And lead to freedom from all suffering,  
May it be a condition for spiritual Liberation!



## **23. Homage to the Teacher**

*This Guruvandana gatha to be chanted for Most Venerable Acharya Buddharakkhita in front of his image or photo or recollecting him in the mind*

O, My righteous, virtuous  
And meritorious Teacher!  
You have taught the Dhamma Out of compassion. I  
always pay homage with reverence.  
Having shared and rejoiced in my merits May all attain  
to the Deathless State!

## Salutation method

